



### Shrimp & Grits 11

Our Florida take on the classic shrimp and grits.

We use local grits from

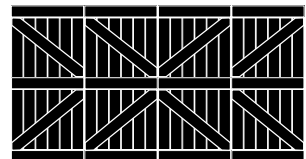
Bumpy Road Farm, and we serve it with a special red sauce, sauteed shrimp and just enough cajun spice to let you know your tongue is working. Delicious for breakfast or any time.



### A proper pot of tea 3.5

Two generous cups of loose leaf tea in a variety of blends. Enjoy with your meal or just with a muffin.

Earl Gray with Lavender  
English Breakfast  
Raspberry  
Mint



### Meeting Space at Lofty

Our meeting room can seat from 10 up to 48, and can cater your breakfast or lunch meeting or any sort of party.

It is located behind our red barn doors, and that lets you have as much privacy as you want. It can be configured for many seating options and has a video screen for your use.

## WAFFLES PANCAKES

### The Lofty Waffle 8

Belgian waffle with Lofty syrup with a side of bacon. Add our Blueberry or Strawberry topping for \$1

### Bananas Foster Waffle 13

The Lofty waffle, topped with a vanilla bean ice cream and flambéed bananas in a rum caramel sauce.

### The Healthy Waffle 10

Our waffle topped with Greek yogurt, granola, and sliced strawberries, with a honey drizzle.

### The Stack 8

A stack of three fluffy pancakes with our Lofty-Made syrup and bacon.

### Strawberry Pancakes 9

Our Lofty pancakes topped with our strawberry compote and whipped cream.

### Blueberry Pancakes 9

Our Lofty pancakes topped with our blueberry compote, and whipped cream.

### Be a Pancake Architect 9.5

Our golden-brown buttermilk pancakes topped generously with . . . wait, you want what?!? Yes! become a Pancake Architect. Comes with whipped cream. Pick two toppings, syrups or nuts. Put a scoop of ice cream on top for 2.25, and any extra toppings for 0.50 each.

**Fruit Toppings:** Strawberry compote, Blueberry compote  
**Syrups:** Orange Marmalade, Pineapple, Peanut Butter, Marshmallow  
**Nuts:** Walnuts, Pecans, Almonds, Peanuts, Honey Chipotle Pecans  
**Candy:** M&Ms, Reese's, Chocolate Chips, Sprinkles, Pecans and more!  
**Ice Cream:** Jr. Scoop of ice cream of the flavor of your choice.

### Vegan, Gluten Free Pancakes & Waffles 9

A stack of three pancakes or one waffle proving that everyone can enjoy Lofty Pursuits. Add our fruit toppings for \$1 more.



### Steak and Eggs 15

Six ounces of New York strip steak cooked to the way you like it, paired with eggs any way you would like them, and a side of hash browns

### Corned Beef and Hash 10

Our hand-roasted corned beef hash, made with russet potatoes, green peppers and onions, with two eggs on top.

### Lofty Wake Up Call 12

A homemade waffle, two eggs, two slices of bacon, shredded hash browns, grits, and toast.

### Lofty Yogurt Bowl 9

Bowl of Greek Yogurt, a sliced strawberry, granola, & honey.

### Biscuits and Gravy 7

Two buttermilk biscuits drowned in our homemade sausage and Lofty's own savory pepper gravy or get a half order for 5

### Lofty Breakfast Sandwich 7

Your choice of bread, layered with bacon or sausage, cheddar cheese, fresh sliced tomato, and two perfectly fried eggs. Smother it with our sausage gravy for \$2 more.

### Vegan Hash 7

Diced russet potatoes, onions, green and red peppers and sautéed spinach, and served with a side of vegan grits.

### Two Egg Breakfast 7

Two Eggs paired with two slices of bacon, your choice of grits, hashbrowns or toast.

### Pastrami and eggs 7

Eggs scrambled with pastrami, your choice of toast, hash browns or grits.

### JerRon's Plate 7

One house baked biscuit smothered in sausage gravy and topped with two eggs any way you'd like them.

Please expect poached eggs to take a little longer to cook correctly.



North Florida is home to some of the best ingredients in the world.

We work with our local farmers to bring this goodness to our table.

Support the food that makes Tallahassee taste like Tallahassee.

#### Grits

Bumpy Road Farms, Heirloom, non GMO, Tallahassee, FL

#### Bacon

Limestone Meat House, Wacissa, FL

#### Sausage

Bradley's, Tallahassee, FL

#### Milk

Ocheesee, Blountstown, FL

#### Coffee

Lucky Goat, Tallahassee, FL

#### Bread

Tasty Pastry, Tallahassee, FL

#### Syrup & Biscuits

Lofty-Made!

#### Granola & Honey

Orchard Pond, Tallahassee, FL

#### Orange Juice

Hand Squeezed

### A Different Taste

Lofty Pursuits is where the cream will clump a little in your coffee because the milk while pasteurized, is not homogenized. Our grits are courser ground and take longer to cook. The taste of our fresh squeezed orange juice changes often depending on the tree the oranges grew on. It tastes better when the food is local and is less processed.

# Lofty Pursuits

1355 Market Street • 850-521-0091

Eat in, take out, have us cater

Serving Breakfast & Lunch at 7am daily

www.LoftyPursuits.com



All of our omelets are made with three-eggs and come with a choice of grits, hash browns, or toast

**Ham and Cheddar Omelet 10**

A three-egg omelet stuffed with ham and cheddar cheese.

**Turkey and Brie Omelet 11**

An omelet filled with turkey, onions, spinach, and brie.

**Sausage and Swiss Cheese Omelet 11**

A Bradley's sausage omelet with swiss cheese, onions, and peppers.

**Meat and Cheese Omelet 11**

Locally-sourced sausage and bacon with diced ham meets cheddar, swiss, and brie cheese.

**Veggie Omelet 8**

The cheese of your choice with tomatoes, onions, peppers, spinach, and mushrooms inside.

**Spicy Omelet 10**

Pepper jack cheese, Bradley's sausage, jalapeno peppers, green peppers, onions. Ask for hot sauce!

**Pastrami Omelet 10**

Pastrami, spinach, swiss cheese, sauteed onions and Rye Toast.

**Make Your Own Omelet 10**

Pick one cheese and up to three fillings. Comes with choice of grits, hash browns, or toast. (extra fillings \$1)

**Meats:** Bacon, Turkey, Ham, Pastrami,

**Cheese:** Cheddar, Swiss, Pepper Jack

**Veggies:** Green Pepper, Onions, Mushrooms, Tomatoes

**Premium:** (\$1 more) Brie, Bradley's link or patty sausage.



**Looking for meeting space?**

The "Barn", our meeting space can hold up to 48, it has a monitor and a lecturn for your use and we can serve from our menu or custom cater your event. Ask your server for more information.

**Lofty Pursuits**

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**LUNCH**

Lunches come with your choice of Potato Salad or Chips, and a pickle spear.

**The Rueben 7**

Corned beef or Pastrami, sauerkraut, and Russian dressing on rye bread. Make it a NY double with extra meat for 10  
\*The Ruben takes longer to cook properly. If in a rush, don't order this.

**The Juggler 7**

A classic ham and cheddar grilled sandwich.

**The Gamer 7**

A grilled Brie and turkey sandwich with spinach.

**The BLT 7**

A traditional BLT made with Limestone Meat House bacon. Substitute the lettuce for spinach to make it a BST.

**Bradlys Sausage 7**

A Bradley's (spicy or mild) sausage with onions and peppers.

**Classic Pastrami 8**

Pastrami served with sauteed onions on rye bread.



**KIDS**

10 and Under

**Egg-selent 5**

One egg, one slice of bacon, toast.

**Egg-streme 5**

one eggs and two dollar sized pancakes

**Pan-a-rama 5**

One pancake and bacon

**Pan-ultimate 5**

one pancake with a nano scoop of ice cream on top.

**Grill-la 5**

Grilled cheese sandwich and a fruit cup.

**PB&J 5**

A PB&J with a fruit cup

Add a small soda, milk or apple juice for \$1

**Drinks**

- Milk or Apple Juice..... 2
- Chocolate Milk ..... 2.50
- Coffee (endless cup) .....2.5
- Hot Tea (a 2 cup pot of loose leaf). 3.5
- Fresh Squeezed Orange Juice (6oz)... 3
- Soda or Iced Tea (Free refills)..... 2
- Sprecher Root Beer..... 3
- Milk Shake .....7.50

**A la Carte**

- One Egg as you like it ..... 2
- Each additional egg ..... 1
- Limestone Bacon (1 piece) .....2
- Turkey Bacon ..... 2
- Bradley's Sausage - Patty ..... 3
- Bradley's Sausage - Link ..... 3.50
- Pancake ..... 3
- Waffle ..... 6
- Grits ..... 2
- Cheese Grits ..... 2.50
- Biscuit ..... 1.75
- Toast (Wheat, Rye, White, Raisin)... 1
- Hash browns..... 2
- Ice Cream Jr. Scoop .....2.25
- Fruit Bowl ..... 3
- 100% Maple Syrup..... 3

**Biscuits**

- Eggs and Cheddar .....4.5
- Eggs, Cheddar & Bradley's Sausage Patty ..... 6.5
- Bradley's Sausage Patty & Cheddar 5.5

**Grit Bowls**

- Eggs, Bacon and Cheese ..... 7
- Eggs, Veggies and Cheese ..... 7
- Eggs, Link Sausage and Swiss ..... 7



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1355 Market Street A11  
850-521-0091  
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**Brunch at Lofty Pursuits**

Join us for our brunch every Saturday and Sunday from 7am until 2pm at Lofty Pursuits.



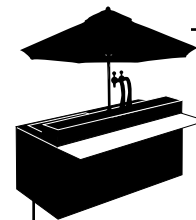
**Catering from Lofty Pursuits**

Breakfast Casserole and a whole selection of food can be picked up from Lofty Pursuits, delivered to your location or served in our meeting room. Please ask to find out about our catering options.



**The Lofty Pursuits Ice Cream Bus**

We can cater your event with ice cream from our ice cream bus. It's specially equipped to serve eight flavors of scooped ice cream, sundaes, floats and more at your event. Have us pull up and make your event one that everyone will remember.



**The Lofty Pursuits Ice Cream Cart**

Our cart can serve ice cream everywhere. It works without power, and can roll into almost any location. We can serve root beer floats, and up to four flavors of ice cream for your wedding, pool party or event.

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Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.